

I grew up in the church and we have a phrase, “mountain top experiences.” It is used to describe times of intense emotions, spiritual breakthrough and growth. Growing up and even as an adult I have had many. I cherish them, but the challenge is coming back down or serving others in the midst of them. It’s hard to go back to the valley.

Mountain Top Experiences

This is my second installment in this season of the Stuff I Learned Yesterday podcast (SILY). My mountain top experiences at Laurel Ridge Camp changed my life in so many ways. The Lord used my weeks as a kid and my two summers as a college student to shape me and grow me. I’m so thankful to the Lord for using those times and the people there to help shape me.

I have no doubt that my time on the mountain will lend itself to more episodes of SILY and more blog posts. But this podcast deals with how our “Mountain Top Experiences” get overshadowed by work. I focus on the lessons learned about how to grow in the midst of serving and serve in the midst of growth. Work is challenging for all of us and if we don’t have times of mountain top experiences we will burn out. So I hope you enjoy the episode and can take some of my mountain top experiences and use them to help you grow in your work.

Link To The Podcast:

Stuff I Learned Yesterday 401 - Mountain Top Experiences: <http://www.goldenspiralmedia.com/stuff-i-learned-yesterday-episode-401-mountain-top-experiences>

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