

It was a good day. I got up and had had some quiet time this morning and started I Chron. Then I headed over to church and set up for worship. We had some technical difficulties but Dick, Luke, and I got them worked out. The sermon was great on hearing and being obedient to the Word of God. After church, The Codispoti's, Alan Burchfield, Bethany Cubino, Caleb Fox and I had lunch a Panera's. It was great to catch up with everyone and laugh around the table. I came home and laid down for a while and rested, but the loud wind kept me away. I talked with Grandmother for a little while this afternoon. She was having a good day. Mom & Dad called from the road. They were stuck in traffic on the way home from Virginia Beach. They had a good visit with my Aunt Mary Ann. I relaxed tonight and watched Extreme Makeover Home Edition. I've got some sinus drainage and cough so I'm headed to bed.

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