I slept in until around 7 this morning. I got up and had breakfast and a good quiet time. At 8, I went downstairs and put in 3 loads of laundry. I did some odds and ends after laundry was put up and grabbed a shower. I watched a movie this afternoon. Dad & Mom got her a little after 4 today. We headed over to Alamance crossing for supper. We had supper at Red Robin. Then we went and check out several shops. We had tea and coffee in Barns & Noble. Then we headed back. I checked my cell phone voice mail and had 2 messages. One was from Marg. She sang me a happy birthday (early) song. It was a nice evening with Mom & Dad. I'm glad they could come down. My birthday gift from them was some food from their church's fall bazaar and a dust ruffle for my bed. I needed it to cover up my box spring. Plus I got some cool Lock-n-Lock containers from my Grandmother. She is doing well. She is out of the hospital and in a rehab/assisted living location. They love her there.

It was also very cool when we were in B&N there was a group of African-American guys sitting across from us. They were Christians and were encouraging each other with scripture. It is good to see men encouraging and sharpening each other in the Word.

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